



Summer Medical Academy Programs in **PANAMA**



Global Medical Academy's Summer Programs invite individual high school students and faculty-led chapters passionate about healthcare to join a cohort from across the country for an immersive, hands-on experience in global medicine. Participants work alongside local physicians and healthcare professionals to deliver essential medical services and lead public health initiatives in rural, under-resourced communities in Panama.

Days 1-2: Arrival, Orientation, & Monkey Isle Excursion

Participants are welcomed at the airport by Global Medical Academy staff and transported to the hotel. The evening includes dinner, a program orientation, and introductions to staff and fellow students, setting expectations for the week ahead. The following morning enjoy a boat tour of the Panama Canal and Monkey Island before transporting to our homebase.

Day 3: Clinical Training & Preparation

Students begin their experience with an in-depth introduction to the local and national healthcare landscape, gaining valuable insight into the challenges faced by underserved communities. The day features hands-on training in mobile medical clinic operations, preparing participants with the practical skills and understanding needed to contribute effectively to patient care. Students will also practice essential clinical techniques, including taking vital signs such as blood pressure, and will assemble hygiene kits containing medical supplies to be distributed during upcoming clinics.



**20
27
SESSIONS**

**JUNE 6-13
JUNE 13-20
JUNE 20-27
JUNE 27 - JULY 4
JULY 4-11
JULY 11-18**

Days 4–6: Rural Mobile Medical Clinics

Students work alongside licensed healthcare professionals to support mobile medical clinics serving rural communities. Rotations include intake, triage, physician shadowing, dental care, health education, vision services, and pharmacy support—providing meaningful, supervised exposure to patient care.

Day 7: Beach Excursion, Panama City & Casco Viejo Celebration

After several days of service, students head back to Panama City, stopping off with a visit to a beautiful Pacific Coast beach before enjoying time along the Causeway and a celebratory farewell dinner in the historic district of Casco Viejo.

Day 8: Panama Departure & Arrive Home

Participants are escorted to the airport for departure, returning home with valuable experience, new perspectives, and lasting connections.



PROGRAM DETAILS

Program Funding Amount:

\$3,350 (inclusive of airfare up to \$1000, all in-country expenses, and clinic support)

Registration & Funding Dates :

- **Registration & \$350 deposit by December 30th** (\$50 scholarship*)
- **1st Installment \$1200 by February 10th** (\$50 scholarship*)
- **Final Balance funded by May 20th**

*Early Registration, Deposit & 1st Installment funding dates & scholarship above, late funding dates 21 days later (no scholarship awarded).



Over 22 Years & 100,000+ Students Advancing Healthcare Worldwide

FOOD & ACCOMMODATIONS

Private, secure home-base lodging facilities (hotels, eco-resorts, and guest houses) with controlled food preparation and accommodations for dietary preferences and allergies. At the home base, students enjoy shared meals and common areas, and are accommodated in private, same-sex rooms with 3–6 students per room and private bathrooms. Faculty are housed in private rooms.

STAFFING & TRANSPORTATION

Fully supervised programs supported by an experienced team of expertly trained coordinators, cooks, security personnel, drivers, paramedics, doctors, and translators who remain with the group 24/7. Private transportation is provided by professionally trained and insured drivers.

SAFETY & INSURANCE

Established and trusted organization in Panama and the communities we serve, registered with the U.S. Embassy. Programs operate under clearly defined safety and behavioral protocols, with travel medical and full insurance coverage provided for all participants.

TERMS & EXPECTATIONS

The program fee includes airfare and all in-country expenses, including meals, lodging, transportation, scheduled activities, staffing, travel medical insurance, and a clinic contribution toward staffing, medications, and supplies. Airfare is secured by our travel team to ensure competitive rates and seamless coordination. [Refund and Cancellation Policy information.](#)

***Squads Abroad** is part of the 501(c)(3) non-profit Global Brigades; all program fees are tax-deductible and support year-round medical initiatives abroad.*



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501c3 non-profit Global Brigades
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